

## St. Laurence CofE Junior Academy

### PSHE and RSE Progression of Skills

Year 3	Year 4	Year 5	Year 6
Pupils discover more about themselves and how they fit in different groups/scenarios	Pupils use greater sense of self belief to build confidence	Pupils build on their growing self - awareness to assess how they can prepare to meet the increasing expectations on them	Pupils have a clear idea of what they are aiming for
Pupils extend their boundaries with more independence including online	Pupils develop strategies to help them meet the higher expectations that others will have of them	Pupils start to become aware of changes in themselves and how that might affect their sense of self	Pupils have a good idea of where to get help when they need it
Pupils can identify organisational techniques that work for them and how they contribute to success	Pupils begin to appreciate that it helps to get along with those around them	Pupils start demonstrating their developing maturity through independence and initiative	Pupils are aware of their feelings and how they might be affected by them
Pupils extend their boundaries with more independence	Pupils begin to develop safer and more cooperative ways to interactive with others	Pupils consider others in their communication style	Pupils develop the resilience to carry them through
Pupils are able to present their feelings and views with sensitivity to the feelings and views of others	Pupils begin to develop ways of interacting that can help both themselves and those around them	Pupils can identify characteristics that will help them achieve their goals next year	Pupils will reflect on how far they have come and how far they can now go
Pupils reflect on what they have learnt about themselves	Pupils develop greater understanding of how to make their interactions more effective	Pupils can identify aspects of their character that would be useful to improve next year	Pupils will identify and develop the skills and attitudes needed to succeed in the next stage of their education
Pupils learn how to keep themselves safe and value differences	Pupils learn about changes which happen as they grow up, including puberty. They also learn what makes a healthy relationship.	Pupils talk about what puberty is, how the reproductive system works and how to ask for help and support.	Pupils will learn about and discuss puberty, reproduction and different types of relationships